

Transformative Power with **PSYPHER**

**mind
out
loud**

JOIN US

**November 30th, 2021
from 5:30 PM - 6:30 PM PST**



**FREE Virtual
Student Workshop!**



In this workshop, youth will have a space to reflect on the unique powers that they hold, how they can use those powers to impact their communities, and explore how they can work with others to create meaningful change.



Matt Diep
Executive Director
PsypherLA.org

Matt Diep (he/him) is a Queer, Vietnamese transitional age youth from Rosemead who empowers other young leaders to use their voices in solidarity with one another to lead transformative change in the mental health system. Matt has used his creativity to develop a nonprofit called Psypher, which uses hip hop and other expressive art forms to facilitate youth-led discussions about mental health. He has also helped develop programming and facilitated workshops for other local and statewide organizations like the Center for the Pacific Asian Family (CPAF) and the Mental Health Services Oversight and Accountability Commission (MHSOAC). By centering the voices and needs of those impacted by harmful systems, Matt hopes to empower young leaders to boldly and unapologetically transform the world around them.