



4th Annual FREE Online Student Event

Wednesday, May 1st, 2024

10:00 AM PDT (Main Session Live)

3:45 PM PDT (Main Session Replay and Live Breakouts)

Mind Out Loud's **FOUR PILLARS**

- *Improve student mental wellness*
- *Promote suicide prevention resources*
- *Connect students in rural and vulnerable communities*
- *Increase mental health awareness and literacy*

NEW THIS YEAR:

Join Mind Out Loud LIVE from your school campus to:

- *Hear from engaging speakers to be equipped with practical tools for wellness*
- *Increase mental health awareness and advocacy for themselves and their friends*
- *Learn about suicide prevention*
- *Reduce stigma around mental health*



**Register
here!**



In partnership with:

MHSOAC

Mental Health Services
Oversight & Accountability Commission



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@molstudents



Connect with us!
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